

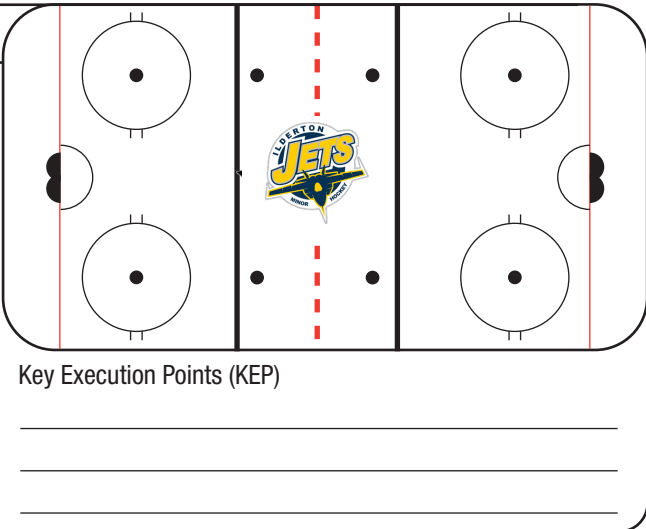


LEGEND	⊙	Coach		Puck Carrying
	○ ●	Forwards		Shooting
	△ ▲	Defenders		Pass
	G	Goalie		Drop Pass
	— —	Stop		Backward Skate
	X	Pylon		Lateral Movement
	●●●●	Pucks		Defensive Pressure

Practice No. _____ Date: _____ Theme: _____ Duration: _____ (mins.)

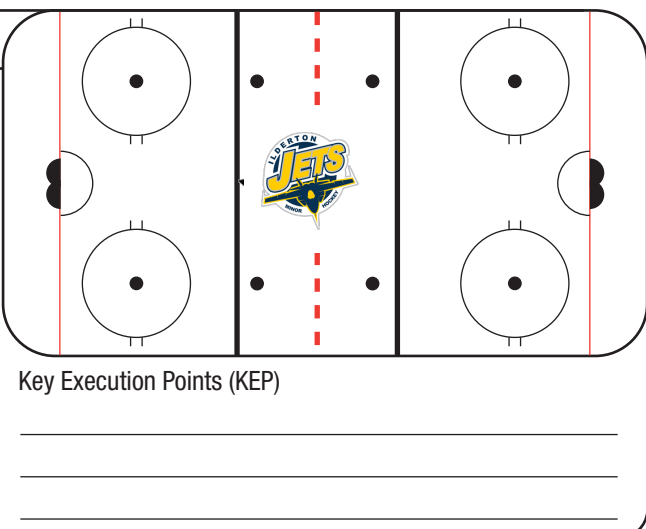
Time: _____ Drill Name: _____

Key Teaching Points (KTP)



Time: _____ Drill Name: _____

Key Teaching Points (KTP)



Time: _____ Drill Name: _____

Key Teaching Points (KTP)

